

Health Benefits Committee Meeting, 4/28/16

- ▶ 9:00-9:05 Announcements/New faces/Next Meeting Dates
- ▶ 9:05-9:10 Review/Discussion of invitation protocol
- ▶ 9:10-9:30 Report on Alameda County Public Health Task Force
 - ▶ Report from PCCD Representative, Jennifer Seibert
 - ▶ Introduction of Sally Covington
 - ▶ Fee-based models/Patient Purchasing Assistant
- ▶ 9:30-10:00 Open Enrollment
 - ▶ Video
 - ▶ Communications & Timelines
 - ▶ Peralta Website Landing page, updated weekly
 - ▶ Date: Postcard Distribution home mailing to all
 - ▶ Date: Open Enrollment Announcement mailing to all
 - ▶ Date: Benefits Fairs at multiple locations & Invited Guests
 - ▶ Resources
 - ▶ Ben IQ-how to navigate
 - ▶ Benefit Bridge-how to make changes
 - ▶ Guide-to be available on landing page and on Benefit Bridge

Announcements/ New Faces Around the District

Alameda County Public Health Task Force-the email

Jennifer,

SEIU 1021, along with the Alameda Labor Council, has formed a task force with other public sector employers and labor groups to come together and address the rising costs of healthcare.

Have you or anyone else at Peralta been invited to this? Is anyone from Peralta planning to attend?

Thanks.

Matt Lanza
Field Representative
SEIU Local 1021
510-388-2505
Matt.Lanza@seiu1021.org

Alameda Public Health Task Force-

The invitation

Subject: Public Sector Health Care Task Force

On behalf of the County of Alameda, a coalition of local public agencies, and employee labor organizations, I would like to invite you to participate in a Public Sector Task Force to examine opportunities to reduce the business costs of health care without increasing the financial burden on employees.

As you know, rising health care costs can flatten wages, strain budgets, and are often a contentious issue in labor negotiations. Public employers and employees share an interest in reducing these costs, not simply fighting over who should pay for them. The Task Force will bring together senior management and labor leaders from the County, cities, school districts and other regional public agencies to consider and recommend fresh approaches to manage and control costs.

Our goal will be to better understand the forces driving up health costs and to identify practical solutions to these problems. Special attention will be paid to strategies that we can implement, separately or together, that rely on new bidding and pricing models that will lower health care prices below current health insurance company-contracted provider reimbursement rates.

The Alameda County Labor Council has retained a consultant, Sally Covington, who is presently working with a similar team of public agencies and labor organizations in Sonoma County. Sally has developed a model that focuses on the common concerns about the rising health care costs in the public sector and she intends to identify solutions and recommendations to address the issue. Alameda County has agreed to assist with funding the initiative as part of our commitment to finding a shared solution to this challenge in collaboration with our labor partners. We hope you will join us in this exploration and partnership.

Attached is a draft meeting schedule to be finalized by Task Force members. We anticipate that the first meeting on February 3, 2016, 2:00 p.m. (location to be confirmed), will be a short planning meeting to establish dates and topics for the following four work sessions, each lasting about 3 hours each. We invite and encourage you to attend and/or designate a senior member of your team to participate in all four working sessions.

Alameda County Public Health Task Force-

The Agenda

PUBLIC SECTOR HEALTH BENEFITS TASK FORCE

Proposed Meeting Schedule and Topic Overview

February 3, 2016, 2:00 pm-3:30 pm Overview and Planning Session

February 26, 2016, 1:30 pm - 4:30 pm Our Shared Affordability Crisis: Public Sector Health Benefit Cost Trends

The impact of the Affordable Care Act on health care costs is unfolding and health care trends may be in flux. Potential threats on the horizon may be identified and discussed.

March 16, 2016, 2:00 pm – 5:00 pm Supply-Side Drivers of Public Employee Health Benefit Costs

What are the key “supply-side” drivers of high and rising employee medical and insurance costs?
in Alameda County

April 6, 2016, 2:00 pm – 5:00 pm Alternative Models for Bidding and Pricing Health Care Services

New approaches are emerging to mitigate supply-side cost drivers. How applicable are they to public agencies that contract directly with health plans or participate in CalPERS or other pools?

April 27, 2016, 1:00 pm – 4:00 pm Reducing the Burden of Health Benefits on Public and Family Budgets

Discussion of recommended next steps to improve affordability for the benefit of public employers and employees who live and work in the County of Alameda.

Alameda County Public Health Task Force

The objectives

Among the solutions to be reviewed and evaluated are:

- Coordinating or combining public purchasing power to obtain better information and improve accountability for better care at lower cost
- Self-insuring and establishing "Medicare cost plus" fee schedules, re-pricing provider claims according to these fee schedules (not insurance-contracted rates), and indemnifying patients against balance billing
- Establishing direct payment relationships with health care providers based on competitively bid prices, starting with elective medical services
- Driving down preventable harm, utilization, and costs by improving quality and safety
- Supporting legislation to establish a comprehensive health information database allowing public reports on provider prices, quality of care, outcomes of care, total cost of care.

Sally Covington

- ▶ Sally Covington, Ph.M., is the co-founder of Community Campaigns for Quality Care, a 501c3 public charity founded in 2010 to advance affordable, high quality health care for all regardless of race, gender, socioeconomic or immigration status, or zip code. She advises unions, their employers, and group buyers of employee health benefits on the key health care cost drivers and recommends practical solutions to reduce employer health benefit costs without raising them for employees. Over the past five years, CCQC has worked with multiple unions and their employers to challenge unjustified rate increases, advance quality, cost, and price transparency, and implement new benefit plan designs to improve access to care while controlling costs.

Topics

- ▶ Community Campaigns for Quality Care,
- ▶ Discussion of fee based point of service pricing
- ▶ Refer to email from PFT dated March 10, 2016

Patient Purchasing *assistant*

Data Request and Format

This document contains specifications for inclusion of data within the Patient Purchasing Assistant (PPA) database. **PPA recognizes that there are many different claims databases and, as such, are willing to accept data with field layouts that vary from this request.** Please send data according to specifications below along with file layout and reference dictionaries. **CSV files are preferred.**

Notes on data specifications

- A two-year historical file is preferred for medical claims (excluding pharmacy) and eligibility files for the initial data feed. The two-year period would end with the most recent data available. Eligibility file should contain all termed members for 2-year period.
- Medical Claims (excluding pharmacy) and eligibility files should be refreshed monthly thereafter
- Appends to the Medical claims files are acceptable

Medical Claims File

SN	FIELD NAME	DESCRIPTION	NOTES
1	ClaimNumber	Claim Number	Combination of ClaimNumber and ClaimLineNumber must be unique to a claim.
2	ClaimLineNumber	Claim Line Number	
3	SubscriberID	Subscriber ID *	Combination of SubscriberID and DependentID must be unique and this combination forms a MemberID.
4	DependentID	Dependent ID *	
5	Gender	Member Gender	
6	DOB	Member DOB	

Communications and Timelines

Open Enrollment - Video

- ▶ [Open Enrollment Video](#)
- ▶ Posted on Peralta Benefits Homepage on April 22, 2016

Communications and Timelines

Open Enrollment - Video (Employee Feedback)

Hello Jennifer,

Thanks for the open enrollment animated video – a nice change of pace from blocks of text.

Unfortunately, my workstation has no sound and it occurs to me that some folks might also have no hearing. Perhaps an option for subtitles on the next one?

Thanks,

Communications and Timelines

Open Enrollment - Postcard

- Mailed to all employees and retirees on April 11, 2016

2016-2017 Open Enrollment!!!
Please attend any of the benefits fairs!

333 East 8th St.
Oakland, CA 94606

The benefits fairs are open to everyone: Actives, Retirees, COBRA Participants, Surviving Spouses and Caretakers are welcome to attend!

- Review your benefit options
- Change your benefit elections
- Add/Drop dependents
- All changes will be effective July 1, 2016

Active Employees may make changes on BenefitBridge
All Others may make changes on the Universal Benefit Enrollment Form

Please visit web.peralta.edu/benefits/ for more information and resources.

Take time to learn more at one of the following Open Enrollment Benefit Fairs on May 4 & 5:

Date and Time	Campus	Location
May 4 (11 -1)	Berkeley City College	Room 451 A&B
May 4 (2-4)	College of Alameda	Room L237
May 5 (9-11)	Laney College & District	District Office Atrium
May 5 (12-2)	Merritt College	Room 112

Carrier representatives will be present. This is your chance to ask questions and find out more about our 2016-2017 plans.

BARCODE & POSTAL MARKINGS AREA

PERALTA BENEFITS EVERYONE!

PERALTA COMMUNITY COLLEGE DISTRICT

WELLNESS BEGINS WITH YOU

2016-2017 Benefits Open Enrollment May 1 - 31, 2016

All plans changes are effective July 1, 2016

Anthem BlueCross, MHN A Health Net Company, DELTA DENTAL, vsp, voya, KAISER PERMANENTE, CVS CAREMARK, UnitedHealthcare

Communications and Timelines

Open Enrollment - Poster

- ▶ Contains information on when and where health fairs will be held





**PERALTA BENEFITS EVERYONE...
WELLNESS BEGINS WITH YOU
OPEN ENROLLMENT IS MAY 1 – 31, 2016**

- Review your benefit options
- Change your benefit elections
- Add or drop dependents
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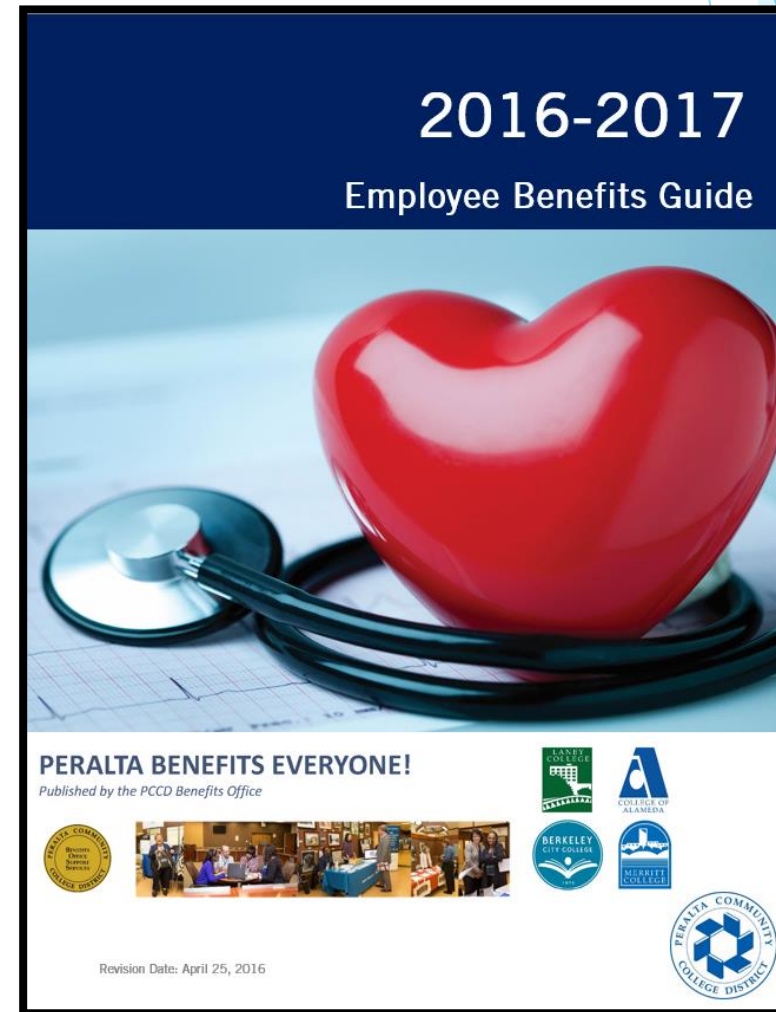
To learn more about your upcoming Open Enrollment, please contact the Benefits Office at 510.466.7229 or benefits@peralta.edu



Communications and Timelines

Open Enrollment - Benefits Guide

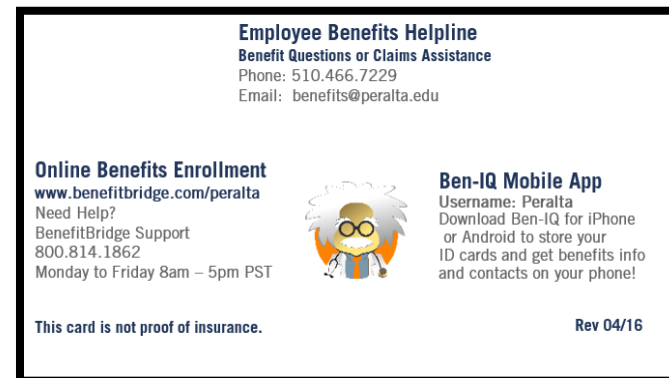
- ▶ Brief description of all the benefits offered by Peralta Community College District
- ▶ Contains information on carriers phone numbers, websites and group numbers
- ▶ Available for download on Peralta Benefits portal and BenefitBridge



Communications and Timelines

Open Enrollment - Wallet Card

- ▶ Contains information on carriers phone numbers, websites and group numbers



Communications and Timelines

Open Enrollment - Vendors Participating

Alameda	Berkeley	Laney	Merritt
Kaiser	Kaiser	Kaiser	Kaiser
CoreSource	CoreSource	CoreSource	CoreSource
	UHC		UHC
Delta	Dental/Vision	Delta	Dental/Vision
UHC		UHC	
Dental/Vision	MHN	Dental/Vision	MHN
MHN	Pension Dynamics	MHN	Pension Dynamics
Pension Dynamics	Cigna	Pension Dynamics	Cigna
Cigna	Costco	Cigna	Costco
Costco	LegalShield	Costco	LegalShield
LegalShield	Sutter	LegalShield	Sutter
Sutter	Zuk Financial	Sutter	Zuk Financial
Zuk Financial	Colonial Life	Zuk Financial	Colonial Life
Colonial Life		Colonial Life	

Communications and Timelines

Open Enrollment - Ben-IQ

- ▶ Mobile app for employees and their dependents
- ▶ Benefits information and messaging
- ▶ Simple to navigate user interface
- ▶ Comprehensive reporting analytics
- ▶ Available for iPhone and Android

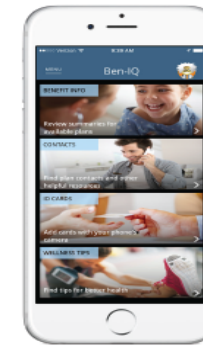


Downloading BEN-IQ™

USING BEN-IQ

Open the app any time you need benefits plan information, like:

- Plan summaries
- The estimated cost of a procedure
- Your stored plan ID cards
- Your nurse line number
- Your insurance company's phone number
- Definitions of healthcare terms
- Wellness tips
- Access to helpful videos.



IT'S EASY AS 1 2 3

- 1 If you have an iPhone, go to the Apple App Store; if you have an Android phone, visit Google Play
- 2 Search for "Ben-IQ"
- 3 Download and install the free app

GETTING STARTED WITH BEN-IQ

- 1 Launch the app
- 2 Enter the following Employer Key:

PERALTA
- 3 Read and agree to Terms & Conditions

Note: Ben-IQ is an iPhone app that is also compatible with iPad. For iPad installation, type "Ben-IQ" in the App Store search box. On the top of the search results screen, tap the "iPad Only" menu and change it to "iPhone Only". When you run the app, you'll notice that it's formatted to fit an iPhone screen. You can tap the "2x" button to enlarge the view.

For technical assistance, email beniq@alliant.com
or call 888-778-4567

Check out Ben-IQ and experience
Benefits at the Speed of Life™.

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How to affect a change?

BenefitBridge
A Keenan Solution

2016 Online Benefits Enrollment

Peralta Community College District Online Benefits Enrollment is easy with *BenefitBridge*!

- View current plan year benefits
- Verify and update dependents and beneficiaries
- Compare plan options
- Available 24/7 via the Internet
- Enroll in benefits

Registration and Login

- Already have login credentials? Login to BenefitBridge at benefitbridge.com/peralta
- Forgot your username or password? Click on "Forgot Username/Password"
- Please add or update your email address to receive an email confirmation of your enrollment approval.
- Need to create login credentials?
 - In the address bar, type benefitbridge.com/peralta
 - Not in the Bing, Google, Yahoo search engine field
 - Click the Enter key, then follow the instructions below to register:

STEP 1 → Select "Register" to Create an Account

STEP 2 → Create a Username and Password

STEP 3 → Select "Continue" to access BenefitBridge

Enrolling in Benefits

Access your enrollment via the Make Changes to My Benefits button

Need Help?

Contact BenefitBridge Support at 800.614.1862; Mon – Fri, 8:00 AM – 5:00 PM, PST or email benefitbridge@keenan.com

License No. 0451271
Confidential: Client Use Only
Rev. 04.08.2016/jm

Innovative Solutions. Enduring Principles. **Keenan**

► <http://web.peralta.edu/benefits/files/2016/04/Peralta-1-page-Online-Benefits-Enrollment-Flyer.pdf>

UNIVERSAL BENEFIT ENROLLMENT FORM

Submit this form WITHIN 30 DAYS OF DEPARTING EVENT (leave or first of birth change, divorce etc.)

ATTENTION: 10 DAYS FOR PCOD & VENDOR PROCESSING. CHANGES ARE EFFECTIVE THE FIRST DAY OF THE FOLLOWING MONTH (EXCEPTION: BIRTH AND ADOPTION – EFFECTIVE ON DATE OF BIRTH OR ADOPTION).

Beneficiary: Complete Section 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000

► <http://web.peralta.edu/benefits/files/2016/01/Universal-Benefit-Enrollment-Form-for-Retirees-Exceptional-Processing-Revised-1.4.20161.pdf>

Wrap Up and follow up

▶ Next Meeting Dates

▶ Future Agenda topics